

## Northumbrian Photography

### A guide to your Bump Photo session

This is very exciting time for you & your family so we want to make sure you have a relaxed fun photoshoot.

We have been lucky enough to photograph lots of pregnant ladies and there is nothing to be nervous or worried about we would never make you do anything you were not comfortable with.

All we want to do is capture this special moment in a special image for you.

You can bring along your Husband, partner, children or just a friend for moral support.

We do where possible have one of the female staff members do bump sessions, on the rare occasion it would be our male photographer we would advise you of this prior to your appointment so you could change the day or bring a chaperone.

The session lasts between 30 minutes to 1 hour depending on outfit changes etc.

We ask you to arrive 10 minutes early so we can get you to fill out a form which suggests types of images, you just tick the ones you want. It also asks just a few basic details.

We have refreshments available to keep you hydrated throughout your session and a toilet.

### Things to consider

#### Who can be in the pictures?

We don't mind who is in the pictures you can do it alone or as a couple you can include any other family members or friends.

We even have had pets in the images.

(we do need informed in advance if pets are coming along as we always make them our last appointment of the day)

#### What to wear?

We do 3 different types of images you can go for 1 or all 3 we work with what you want and are comfortable with.

Fully clothed – Best items of clothing are leggings, jeans, vest tops, figure hugging dresses also if you want to show your bump but don't want to be in underwear a scarf, boob tube or bump support works well to cover the bust area leaving your bump on display.

Underwear - Bring a selection of underwear matching in colour, most colours work well you may want to leave leggings or jeans on and just your bra that's fine too.

A shirt looks good loosely open over the underwear with the bump revealed too

Semi naked – Some people are at their most confident in pregnancy and are happy to be photographed semi naked. For this we leave your briefs on but use your hands and arms to cover your breasts again, loose shirts work well with these images.

We have drapes and coloured wraps which can be used on your session which wrap around the bump or have the bump peeking out

If your partner is being in the images they normally just wear normal clothes but may like some with their top off or a shirt hung open but only if they are comfortable with that.

### Things we recommend to bring

You can bring outfit changes if you want but no more than 3 outfits  
a loose shirt also waistcoats work well too.

Items for the baby hats, booties, Babygro, teddy or plaques all can feature in the images.  
Scan images are great against the bump too.

### I have stretchmarks!

If your reading this and thinking no I don't! that's great you've been lucky as most women get them after 30 weeks so if you do that's no problem as most women also have them when pregnant.

We will retouch them out where possible if you like. We normally do a few when editing to show you what it looks like then will do this to any ordered once viewed

We will only edit out unnatural marks like bruises, any birth marks or tattoos that you want touched out must be put on the form you complete on arrival. `

Once your session is complete we edit the images within 10 days and place them in a secure online password protected gallery, they will stay online for 48 hours for you to choose your favourite and place any order you may wish to make.

Any questions you have please get in touch as no question is stupid as this is a new experience for most women so they have no idea what it's going to be like.

We aim for you to enjoy your experience with us and I know you will cherish these images forever.

We look forward to meeting you.

The team at Northumbrian Photography

### Our cancellation policy

We know things come up last minute in pregnancy so if you cancel with more than 24 hours' notice we will just reschedule this for you, however if you cancel your appointment within 24 hours we will still honour your voucher however we do need to take a £20 booking fee on rescheduling which comes off any order placed this just covers our costs for staffing etc. as we wouldn't be able to fill your appointment

I had my baby before I had the chance to have my bump photographed

That's fine we can still photograph your baby you can upgrade to babies first year for just £4